

We weren't expecting this. None of us!

Feeling a little nervous about what's coming up with doing school at home? Not to worry. Here are a few tips for getting started. Be sure to click the links and check out these great articles for more help.

We got this. Let's get after it!

Don't panic. This is possible!

"Parents and children alike are not used to taking total responsibility for the learning process." But you *can* do it! We know you can. And if you need help, please reach out. There are tons of parents in the same situation as you. Remember we are all in this together. We will move forward together.

Take a peek at this great article by Catherine Fraise at Workspace

Education: Coronavirus Has Turned Families Into Unwitting Homeschoolers.

Some Suggestions for How They Can Treat It Like an Opportunity



This is not public school at home.

You can't recreate what happens in the regular school classroom at your kitchen table. Give yourself permission to figure out what learning will look like in your house with your family. This is a huge transition for kids and adults. Be gentle and know that it will take time to find the right way for everyone.

Another great article: Tips for homeschooling during the shutdown: 'It's not public school at home'

Create a daily schedule and set up a dedicated learning environment.

Everyone's routines have been disrupted and this pandemic is a huge emotional upheaval on so many levels. Getting into a daily schedule will be comforting, even if you sometimes have to adjust plans at the last minute. Set up a specific time and place for school work to get done. Use a family space rather than a bedroom as a simple way to be accountable to each other. Give everyone a voice in designing a daily plan and talk about expectations from teachers and to each other. Encourage brothers and sisters to work together, to teach and learn from each other. These are special days to build stronger relationships.

More great help from Today.com: <u>Teaching kids at home due to coronavirus? Homeschooling moms share</u> their tips



Don't freak out if it's not perfect!

Routines take a while to develop... for everyone. This is a time of discovery and chances are good that parents will do as much learning as kids. Take advantage of this opportunity to explore and experiment with new ideas and activities with your family. Cook something exotic and different. Create a recycled art project. Build anything!

Above all else...

Be flexible. Take care of yourself and your family. Begin this adventure with curiosity and wonder. Surprise yourself with what you will discover along the way. Reach out if you need help.

Teachers and school leaders are ready to answer questions and assist in the learning process.



And if you need more, let us know. Send an email to us at: info@ColoradoAeroLab.org.

We will get back to you as soon as possible.

Wishing you all good health, peace of mind and a quick end to this!



More here: https://coloradoaerolab.org/. Reach out to us at info@ColoradoAeroLab.org.

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